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CSEP Certified Personal Trainer\u2122 Certification Guide In this guide you'll find details on completing the exam process, preparing for your CSEP-CPT Theory and Practical Exams, and study questions. This certification guide is a complement to the CSEP-PATH\u2122 Resource Manual (the required resource for all CSEP-CPT candidates) and enhances your experience in pursuing certification.~~

Certification Study Resources - CSEP  
The CSEP-CPT Certification and Study Guide is filled with valuable content designed to assist you in understanding the steps toward certification, how to prepare for the Theory and Practical exams, and what happens when you successfully complete the journey.

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CSEP-CPT Sample Questions Note: This CSEP-CPT sample exam contains 10 questions. The complete CSEP-CPT practice exams contain 60 questions each.

CSEP-CPT Sample Questions - ExamPrepHero  
CSEP Certified Personal Trainer\u2122 (CSEP-CPT) Certification Study Guide, 3rd Edition - Regular price \$40 -50 CSEP Clinical Exercise Physiologist™ (CSEP-CEP) Certification and Study Guide , 1st Edition - Regular price \$60 - 70

Manuals and Study Guides - CSEP Store  
It is recommended that all candidates purchase the CSEP-CPT Certification & Study Guide that helps navigate candidates from consideration to certification with application details, exam tips, core competency explanations, study questions, and more! We also offer a number of Online Learning modules to refresh skills.

CSEP-CPT Pre-requisites  
CSEP Certified Personal Trainers \u2122 (CSEP-CPT) work with individuals to meet their healthy lifestyle goals using an evidence-informed approach acquired through post-secondary education. A CSEP-CPT administers the CSEP-PATH \u2122 process for assessing, gathering, and applying information about a client's physical activity fitness, and sedentary behaviour levels to inform the development of a ...

Certified Personal Trainer - CSEP  
To register for a skills review or challenge the exams you must apply and receive confirmation that you are an approved candidate. Haven't applied yet? Learn more and apply to become a CSEP-CPT or a CSEP-CEP. IMPORTANT: Only the Canadian Society for Exercise Physiology (CSEP) provides access to its approved study and examination preparation materials. CSEP does not have an agreement with any third party to provide practice exams or study material, for example on the website Exam Prep Hero.

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Online access to 5 CSEP-CPT Practice Exams. 60 Exam Questions Per Exam (300 Exam Questions Total) Areas of Practice Breakdown: Human Anatomy, Human Physiology, and Exercise Physiology (25%) Behaviour Modification (10%) Health-Related Physical Activity and Fitness Assessment (25%) Health-Related Exercise Prescription and Program Design (25%)

CSEP-CPT Practice Exams - ExamPrepHero  
There are two CSEP certifications: CSEP Certified Personal Trainers \u2122 (CSEP-CPT) and CSEP Clinical Exercise Physiologists™ (CSEP-CEP). CSEP-CPTs and CSEP-CEPs bring science to practice through their knowledge and skills, to provide clients with evidence-informed programming that support meaningful lasting lifestyle changes.

Certification FAQ - CSEP  
CSEP-CPT Candidate Study Course Looking for help studying for your Theory Exam or Practical Exam? This online prep course is designed to help those pursuing CSEP-CPT certification prepare for their certification exams. The seven part series focuses on refreshing and strengthening your skills and knowledge on the client-centred CSEP-PATH\u2122 process.

CSEP Certified Personal Trainer Candidate Modules  
The CSEP-CPT Certification and Study Guide is filled with valuable content designed to assist you in understanding the steps toward certification, how to prepare for the Theory and Practical exams, and what happens when you successfully complete the journey. The guide features: 50 practice questions to test your knowledge.

CSEP Certified Personal Trainer\u2122 (CSEP-CPT) Certification ...  
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